



# Co-Cathedral of Saint Theresa of the Child Jesus

First Sunday of Lent | March 5, 2017

**MISSION:** We the people of the Co-Cathedral of St. Theresa of the Child Jesus, seek to be an example of the presence of God through our Christian Catholic worship, education, service and stewardship of all God's gifts.

We celebrate our diversity of age, culture, language, and view points as a sign of God's all powerful and ever-present love in our community of faith. We strive to witness the gospel of Jesus Christ to evangelize and to respond in love, as well as compassion to our community in Honolulu, to be a welcoming place to all who seek the grace, fellowship, and love of God.

## Clergy Team

Pastor Fr. Gregorio Honorio Jr.  
Deacon Francis Leasiolagi  
VHM Chaplain Fr. Dominic Nguyen  
VHM Deacon Anthony Nguyen

## Schedule of Masses

Sunday 6:15am, 8:00am  
10:30am, 6:00pm  
Saturday Vigil 5:00pm  
Mondays - Thursdays 6:30am  
Fridays & Saturdays 8:00am

## Vietnamese Masses

Sunday 3:30pm  
Saturday Vigil 7:00pm  
Mon, Tues, Thurs 5:30pm

## Sacrament of Reconciliation

Wednesdays 6:15pm-7:00pm

## Eucharistic Adoration

Exposition  
Wednesdays 6:15pm-7:00pm  
Adoration Chapel  
Everyday 6:00am-10:30pm

## Co-Cathedral Office

Monday-Friday 8:00am-12:00pm  
1:00pm-4:30pm  
Saturdays 8:30am-12:00pm  
Sundays Closed  
Phone 808-521-1700  
Fax 808-599-3629  
E-mail [office@cocathedral.org](mailto:office@cocathedral.org)  
Website [www.cocathedral.org](http://www.cocathedral.org)  
Address 712 North School St.  
Honolulu, HI 96817

## Saint Theresa School

School Principal  
Sr. John Joseph Gilligan, CSJ  
Phone 808-536-4703  
Website [www.sts-hi.org](http://www.sts-hi.org)

**encounter**  
*Lent* Encounter ourselves.  
Encounter our neighbors.  
Encounter our God.

**L**ent is a period of forty days which represents our ascetical journey of life – a pilgrimage of faith into our interior life, where we meet the Lord and open our hearts to the transforming power of his love. It is a time to make an examination of conscience and make a deliberate effort to root out those things that keep us from loving God and our neighbor.

The ashes imposed on us on Ash Wednesday remind us that **“we are dust and to dust we shall return.”** Therefore, the entire life of a Christian should be marked by works of self-denial and generosity. In Lent, we are given the practical asceticism of prayer, fasting and almsgiving, and the grace to deal with sins that prevent us from becoming “one holy people,” a “light to the nations.” Through prayer and good works we allow God’s grace to bring about our interior conversion.

When we give **alms** in love, we strip ourselves of our selfish attachment to physical possessions. In this way we open our hearts to receive the gifts of the Spirit. By the **fasting** of our senses, we empty ourselves more completely, leaving us with a sense of privation, a sort of death in the flesh, which allow us to be lifted up by the Spirit of God. When we open our hearts in **prayer**, the word of God cuts through them as a two-edged sword, separating our flesh and spirit. The Holy Spirit show us how we are following or not following the will of the Lord in our lives. He gives us the strength to make necessary changes in our lives.

In the Gospel, (Mt. 4:1-11) Jesus prepared for his own “forty days” in the desert to do battle with the devil. During Lent, we also discover ourselves in the “desert,” where Jesus comes, bringing his victory into our struggle with Satan’s temptation. The ultimate purpose of the Lenten journey is not our death but our resurrection to eternal life. Lent is not an end in itself but a preparation for Easter.

**Let us use this Season as a time to recall the grace of our own baptism and be strengthened by the Spirit for the demanding forty-day journey ahead.**

**FR. GREG**

Download our Parish App from the Apple or Android store. Search "cocathedral" in the list.

## ANNOUNCEMENTS

# Lenten Parish Mission: Prayer, Fasting and Almsgiving

You are welcome to join us at this year's Lenten Parish Mission with Father Chris Arockiaraj on March 15-17 here in the Co-Cathedral of St. Theresa Church.

### Wednesday, March 15

5:30pm - Holy Hour

6:30pm - Talk: *Prayer*

(Novena of OLPH and Confession is Canceled)

### Thursday, March 16

6:30pm - Talk: *Fasting and Almsgiving*

### Friday, March 17

6:00 pm - Stations of the Cross

7:00 pm - Penance Service



### We are grateful to have Fr. Chris Arockiaraj to be our speaker this year.

Fr. Chris was ordained as priest in 1995. Currently, he serves as a faculty member, formator and spiritual director at St. Patrick's Seminary and University, Menlo Park in California. He holds a doctoral degree in Psychology and doctorate in Pastoral Ministry. He is a Board Certified Pastoral Counselor.

He has been priest for the past 22 years and served in various capacities including pastor, hospital and prison chaplain, pastoral formation director, pastoral counselor etc. He will be preaching the Lenten mission for us this year. During his stay with us, he will be available for spiritual direction and counseling service for those who wish, with a prior appointment.

**Let us prepare our hearts with the cross of Jesus this lenten season.**

## FAITH FORMATION

Parents Conference on Understanding the Sacrament of Initiations for both St Theresa School and Religious Education on the following dates:



**Tuesday, March 14 at 6:00pm - 7:30pm in the Parish Hall**  
**Saturday, March 18 at 9:00am - 10:30am in the Church**  
**Thursday, March 23 at 6:00pm - 7:30pm in the Parish Hall**

This is the second conference offered to parents with children preparing for confirmation in 2018. It provides opportunity for parents to grow in their relationship with Jesus as we guide our children closer to Him.

MAHALO Dear Parents for the 90% attendance during our meeting last Jan 29 and Feb 5, 2017 on the confirmation sponsor requirements and qualifications. Thank you for your continued support and enthusiasm in our collaborative effort in forming little disciples of Jesus. God bless you all!



Let us pray for our Catechumens who are sent forth to the celebration of Election this Sunday, March 5 at the 10:30am Mass. They are now at the beginning of their final preparation and purification leading to their initiation into the Catholic Church at Easter Vigil.

**Baptism**

**Wedding**

**Funerals**

Eric & Ella Wong (3/11)

**M O N D A Y**  
March 6<sup>th</sup>

Lv 19:1-2, 11-18/Mt 25:31-46

6:30a - Mass  
5:30p - VHM Mass  
7:00p - Choir Practice

**T U E S D A Y**  
March 7<sup>th</sup>

Is 55:10-11/Mt 6:7-15

Sts. Perpetua and Felicity

6:30a - Mass  
5:30p - VHM Mass  
6:00p - Legion of Mary **S**

**W E D N E S D A Y**  
March 8<sup>th</sup>

Jon 3:1-10/Lk 11:29-32

St. John of God

6:30a - Mass  
6:00p - OLPH Novena  
6:15p - Exposition of the Blessed Sacrament/Reconciliation  
7:00p - Lectio Divina  
7:00p - Youth Leadership **FWR**

**T H U R S D A Y**  
March 9<sup>th</sup>

Est C:12, 14-16, 23-25/Mt 7:7-12

6:30a - Mass  
5:30p - VHM Mass

**F R I D A Y**  
March 10<sup>th</sup>

Ez 18:21-28/Mt 5:20-26

8:00a - Mass  
6:30p - **Stations of the Cross**  
7:00p - VHM Mass

**S A T U R D A Y**  
March 11<sup>th</sup>

Dt 26:16-19/Mt 5:43-48

8:00a - Mass  
9:00a - Wedding  
3:30p - Na Leo Pi'l Pua Choir **PH**  
5:00p - Vigil Mass  
7:00p - VHM Mass

**S U N D A Y**  
March 12<sup>th</sup>

Gn 12:1-4a/2 Tm 1:8b-10/Mt 17:1-9  
Second Sunday of Lent

6:15a - Mass  
8:00a - Mass  
9:15a - Religious Education **PH/STS**  
10:30a - Mass  
3:30p - VHM Mass  
6:00p - Mass  
7:00p - Youth Ministry **PC**

Scheduled events are held inside of the church unless specified with a

ST. THERESA THIS WEEK **S** Sacristy **PC** Pastoral Center **PH** Parish Hall **R** Rectory **VHM** Vietnamese Holy Martyrs **FWR** Faculty Work Room **STS** Saint Theresa School

# Be a Good Steward of the Lenten Season

**By the International Catholic Stewardship Council**

The Lenten season prepares us for the celebration of Easter. It is a time for Christians to embrace prayer, fasting, and almsgiving in a more concerted way. For some it is a time of healing, an opportunity to repair their spiritual brokenness. For others it is simply a good time to cultivate their spiritual lives in a more disciplined manner. The goal of Lenten practices: to prepare ourselves to enter into the paschal mystery of Holy Week with a more humble spirit and determination to follow Jesus Christ. This ancient triad of prayer, fasting and almsgiving offers wonderful spiritual benefits. Being a good steward of these gifts by planning ahead and following through is essential to having a fruitful Lenten experience.



## Stations of the Cross for Marriages and Families



Join us on all  
**FRIDAYS**  
**of LENT at 6:30pm**  
(and at 6:00pm on March 17<sup>th</sup>)

*A warm thank you to the Sacristans and Legion of Mary for leading last Friday's Station of the Cross. This Friday's Stations of the Cross will be in care of the Music Ministry. Everyone is welcome to participate.*

### SOCIAL MINISTRY

#### How Rice Bowls can build a 'culture of encounter' this Lent



Through its annual rice bowl initiative, Catholic Relief Services has announced it will be promoting a "culture of encounter" in its Lenten operation.

"**CRS Rice Bowl**" is the annual Lenten initiative of Catholic Relief Services. Participating Catholics pray, fast, and give alms to CRS in solidarity with each other and with other needy families throughout the world. The theme is "encounter," CRS insists. "Through prayer, we encounter Christ,

present in the faces of every member of our human family, so often still walking that long road to Calvary," they stated. "Through fasting, we encounter our own obstacles, those things about ourselves that prevent us from loving God and neighbor," they added. "Through almsgiving, we encounter our brothers and sisters around the world, asking what we can give up so that others might have life to the fullest."

***"To learn the names and stories of our brothers and sisters, to include them in our prayers, to contribute our Lenten sacrifices so they can live better, healthier lives; this is the way we deepen our faith, building a culture of encounter and holding up the dignity of each and every one of us,"*** she added.

CRS claims that only one dollar donated per day of Lent could provide a month's worth of food for another family in need. Donations could also provide medical care for children or clean drinking water. A quarter of donations go to local anti-poverty and food programs while three-quarters "goes to support CRS' humanitarian and development programs overseas, providing life-saving assistance and hope to impoverished and vulnerable communities," the group said.

Pope Francis, in his Lenten message, asked Catholics to participate in Lenten campaigns ***"promoted by many Church organizations in different parts of the world, and thus to favor the culture of encounter in our one human family."***

Excerpts from "How Rice Bowls can build a 'culture of encounter' this Lent" by Matt Hadro; catholicsay.com

### Y.E.A.S.T.

#### Youth

Youth  
Young Adult

#### Evangelization

St. Theresa School  
Religious Education  
RCIA/RCIC  
Sacramental Preparation  
Bible Study  
Legion of Mary  
Lectio Divina

#### Altar

Altar Server  
Extraordinary Minister of Holy Communion  
Lector  
Liturgical Environment  
Music  
Sacristan  
Usher/Greeter  
Sacred Heart

#### Social Ministry

Bereavement  
Hospital & Homebound  
Prison Life  
Forever Young  
Filipino Catholic Club  
Respect for Life  
Food Bank  
Rice Bowl  
Environment & Recycling

#### Time, Talent, Treasure

Stewardship Committee  
Welcoming  
St. Matthew  
Communications

He spoke to them another parable. The kingdom of heaven is like YEAST that a woman took and mixed with three measures of wheat flour until the whole batch was leavened."

(Mt. 13:33 - NAB)

Our parish website has counted over 60,000 sessions and 123,000 page views since in 2013.

Book mark our parish website on your web browser and stay connected with our weekly Sunday reflections.

## DIocese OF HONOLULU

### Rice Bowl: Not Just for Keiki Any More!

Living Catholic in the 808 by Kristina M. DeNeve, Adult Faith Formation Coordinator, Diocese of Honolulu.

First, if you haven't already, download the app by searching "CRS Rice Bowl." (There is no better way to get into the habit than this resource, provided to us by our very own conference of U.S. Catholic Bishops.)

Next, allow notifications so you are reminded daily to read and reflect on the short daily prayer available in the "Pray" section. Start or end your day by praying these short daily prayers! Set a time on Sundays (or Mondays) to watch the Story of Hope. It's right there on your app in the "Videos" section!

If you decide to give something up for Lent, like malasadas, enter that sacrifice into the app. Go to "Give" from the Main Menu and then select "Today's Sacrifice." From there you can add the cost of whatever you are giving up. If you want, you can then pledge that money to Rice Bowl. You can even "Donate Now" to give a little each day – each time you sacrifice!

Like to cook? The "Recipes" section of the app provides you with a meatless meal you can make each week, inspired by the family from the Story of Hope.

Finally, go 'old school' by placing the cardboard rice bowl where your ohana eats (or in your car if you have a long commute) and PRAY, FAST, and GIVE together! **Download the Rice Bowl app. Pray. Fast. Give.**

### Ite Ad Joseph

Prayer to St. Joseph for the Renovation of Cathedral Basilica

The prayer card depicted below will be distributed to **people who come to the Cathedral Basilica between March 12 and March 20, 2017 (the day on which the feast of St. Joseph is observed this year).** We ask that you pray it at the end of every Mass during those days as a novena of intercession that we may raise the funds needed to renovate the cathedral.

Mahalo for your prayers,  
 Bishop Larry Silva



Front of card

Prayer to St. Joseph  
 Available at the Cathedral Basilica of Our Lady of Peace



Back of card

*Jesus, remember me when you come into your kingdom - Luke 23:42*

# Lent 2017

## GIVE UP, TAKE UP, LIFT UP!

March 5	March 6	March 7	March 8	March 9	March 10	March 11
<p><b>First Sunday of Lent</b></p> <p>Deepen your understanding of today's readings with this <a href="#">lectio divina</a> guide.</p>	<p>Pray for the elect who will be baptized at Easter, and learn how catechists prepare them to be received into the Church through the <a href="#">Rite of Christian Initiation of Adults</a>.</p>	<p>Today, we remember two early Christian martyrs, Sts. Perpetua and Felicity, who are always mentioned together because their close friendship and faith. <a href="#">Read about these saints</a> and learn more.</p>	<p>In honor of St. John of God's feast day today, <a href="#">pray</a> for those who are ill and in hospitals. St. John of God was devoted to caring for the sick and needy.</p>	<p>Remember today St. Frances of Rome, known for her great charity during epidemics and civil war. In honor of St. Frances, <a href="#">pray</a> for all those who are marginalized.</p>	<p>The 40 days of Lent are a good time to work on personal discipline. Strengthen your discipline by giving something up or by doing something extra, such as spending more time in prayer or volunteering more.</p>	<p>"The duty of fasting is rendered acceptable to God when it is made perfect by the fruits of charity."                      (St. John Cassian, <i>Institutes</i>, 5.35)</p>

Our Parish Mobile APP

It is A FREE download on Apple and Andriod mobile devices! Search "CoCathedral".  
*It's like having a resource of faith in the palm of our hands."*

# 1st Joyful Mystery: The Annunciation

by Deacon Candidate Raffy Mendoza

Luke 1:35 (NAB): "The Holy Spirit will come upon you and the power of the Most High will overshadow you"

**How do we evangelize?** First and foremost, **"BE A PERSON OF PRAYER"**.

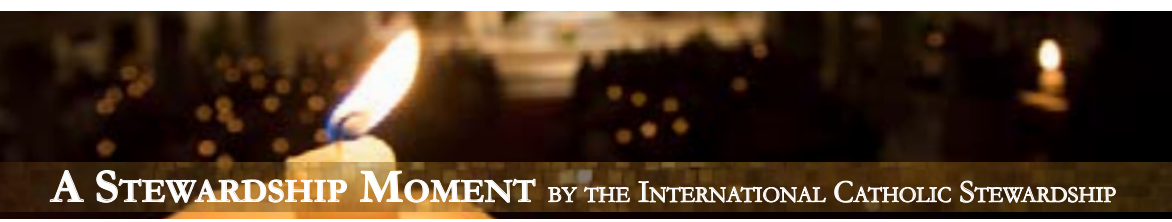
Perhaps, some are afraid to share the Good News because we do not know what to say or we feel unworthy. Or the opposite can happen – we are so fired up to share the Good News because of our own eloquence or competence.

The 1<sup>st</sup> joyful mystery teaches us that we evangelize only by cooperating with God. Mary was with the Holy Spirit from the Incarnation of Jesus up to Pentecost with the Apostles. We are able to evangelize with the power of the Holy Spirit, not with our own power. Immersed in God through prayer and the Eucharist, we are overshadowed by the Holy Spirit. Thus, we can evangelize.

**"Do not worry about how you are to speak. You will be given at that moment what you are to say. For it will not be you who speak but the Holy Spirit of your Father speaking through you."** (Mt 10:19-20)

Let us be open to be used by God. **Pray daily and reverently.**

- Dir. of Religious Education, Pastoral Associate**  
Sr. Mercedes Estrella, SPC
- Business & Office Manager**  
Raffy Mendoza
- Administrative Assistant, Wedding Coordinator**  
April Moses
- Dir. of Liturgy & Music**  
Bernie Gora
- Dir. of Youth Ministry, Asst. Dir. of Liturgy & Music**  
Fay Pabo
- Social Ministry**  
Pinky Mendoza
- Communications Coordinator**  
Oswald Bumanglag
- Facilities & Maintenance Manager**  
Anthony Navor

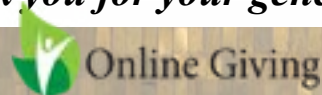


## A STEWARDSHIP MOMENT BY THE INTERNATIONAL CATHOLIC STEWARDSHIP

March 5, 2017

At the beginning of this Lenten season we hear proclaimed the story of Jesus' temptation in the desert. He responds to the first temptation by saying that one does not live by bread alone but on every word that comes forth from the mouth of God. The season of Lent invites us to consider how we nourish our hearts, how we act as stewards of the Word of God entrusted to us. A good reflection for the week: **What do we live on? What keeps us going? Could it be possessions, prestige, the need to be in control, the need for security, addictions? Or the fervent desire to listen to God's word?**

**Thank you for your generosity!**



**Good stewards proclaim the Gospel, and seeking reconciliation with the Lord, others and within ourselves is such a proclamation.**

- Luke 23:42

Sunday Mass Offering	\$ 310.50
Repairs & Maintenance	\$ 10.00

### OFFERINGS OF FEBRUARY 20 - FEBRUARY 26, 2017

Sunday Mass Offering	\$ 10,388.69	Blessings	\$ 20.00
Mass Intentions	\$ 191.00	Flowers	\$ 30.00
Daily Mass	\$ 325.73	Repairs & Maintenance	\$ 546.00
Candles	\$ 1,881.71	Ash Wednesday	\$ 68.00
Initial Offering	\$ 5.00	Black & Indian Mission	\$ 5.00
Funerals	\$ 300.00	Augustine Educ. Fund	\$ 658.00
Baptism	\$ 250.00	Holy Land	\$ 3.00
		World Mission Sunday	\$ 1.00

Please consider the Co-Cathedral of St. Theresa of the Child Jesus in your Will.

**For more information on Planned Giving, please do not hesitate to contact our office or the Diocese's Stewardship and Development Office" Thank you.**

## Sacraments & Rites

Contact our parish office for more information or for scheduling an appointment:

- Infant Baptism (Contact our office at least one month before)
- Anointing of the Sick
- Holy Communion for the sick and the homebound
- Matrimony (Contact our office ten months in advance)
- Blessings (house, vehicle, religious items)
- Funerals
- Vocation to the Priesthood or Religious

## Prayers & Faith Formation

- Holy Rosary**  
Before daily Mass & 6:15am Sun. Mass
- Religious Education**  
Sundays 9:15am-10:15am
- Youth Night**  
Sundays 7:00pm
- Legion of Mary**  
Tuesdays 6:00pm
- Faith Sharing by Young Adults (18-34)**  
Tuesdays 7:00pm
- Mother of Perpetual Help**  
Wednesdays 6:00pm
- Lectio Divina**  
Wednesdays 7:00pm